

MEDICATION INSTRUCTIONS

If you experience discomfort, you may take three 200 mg over-the-counter Ibuprofen tablets (Motrin, Advil) and <u>then</u> three hours later; take two 500 mg over-the-counter Acetaminophen tablets (Tylenol). You may alternate these medications every three hours, but you should never exceed the maximum daily dose for either medication. Please alert us if you are allergic to Ibuprofen or Acetaminophen.